



Prince Street Myrtleford Victoria 3737

*Inspirational.*

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Principal ● Zlatko Pear

Issue 4 – 20<sup>th</sup> March, 2015

## From the Principal

### College Council Representation

As you would be aware, elections for Parent Representatives on College Council were conducted earlier this month. I am pleased to welcome Melissa Brown and Dallas Lyons as Parent Representatives to the College Council. Welcome also to Michael McGurgan who is the Parent Club Representative. I would also like to congratulate Peter Gunson, Matt Hines and Bernadette Hays whom were successfully renominated for second terms. The first meeting of the new Council was held this week.

Our College Council for 2015 will be as follows:

Bernadette Hays  
*Parent (President)*

Susan Crisp  
*Parent (Vice President)*

Melissa Brown  
*Parent*

Dallas Lyons  
*Parent*

Peter Gunson  
*Parent*

Matthew Hines  
*Parent*

Joanna McIntyre  
*Parent*

Romina McEwan  
*Parent*

Michael McGurgan  
*Parents Club*

Laurence Neal  
*Friends of MPI2 College*

Zlatko Pear  
*Principal*

Barry Holden  
*Assistant Principal*

Deb McKinnon  
*Staff*

Wendy Watson  
*Staff*

### Myrtleford Festival – College Float

I hope everyone enjoyed the festival parade last Saturday as much as I did. It was a fantastic community event! The students represented the College with pride and were very excited when we were announced as the ‘**Most Imaginative Float**’ in the parade. With over fifty

enthusiastic students and ten staff, we were easily the largest float in the parade.

I received lots of positive feedback from community members about the large number of students involved, and how wonderful they looked in their school uniforms carrying the red poppies. Thankyou to Mrs Cartwright who spent many, many hours making the magnificent poppies and shields that our students were carrying. These added colour and excitement to our float. Thank you to all the staff who attended, and well done to all the students for participating.

### Learning Conferences

Progress reports for Term One for all students in Years 1 to 12 will be sent home early in the first week of Term Two. Parent/Teacher Learning Conferences will be held on **Wednesday 29<sup>th</sup> April** (The third week in Term Two). Once again we will be using the Online Booking System. You will receive more detailed information regarding this process in the near future.

All parents and guardians are urged to attend Parent/Teacher Interviews. We value your input and stress the importance of this home and school partnership. In order to maximise the value of these sessions it is important that students are also present.

### End of Term One

Next Friday 27<sup>th</sup> March is the last day of the Term. Students will be dismissed at 2:30 pm on that day and classes will resume for Term Two on Monday 13<sup>th</sup> April. As this is the last newsletter for the term, I would like to wish all our families a safe holiday period.

*Zlatko Pear*

DIARY		~SCHOOL BANKING - TUESDAYS 9:00 - 9:30a.m.~	
<b>March</b> Tues 24 Japan Ski trip meeting EMPAC 5.30 Wed 25 Whole school assembly and House Debate-EMPAC Fri 27 Term 1 finishes at 2.30pm	<b>April</b> Mon 13 Term 2 begins <b>Tues 28 College photos</b> <b>NOTE DATE CHANGE</b> Wed 29 Parent/Teacher Learning Conferences	<b>May</b> Mon 4 Immunisations 7-10 Tues 5 P-6 Cross country Fri 8 Parents Club Mother's Day Stall Tues 19 Athletics Carnival	

## MYRTLEFORD FESTIVAL PARADE 2015



*"On Flanders Float the Poppies Blow"*  
**WINNER** of the 2015 Myrtleford Festival's  
**"Most Imaginative Float"**

Our thanks to all 50 students who came and represented our College. Well done!

# Buddy Bench

The buddy bench is a simple idea to eliminate loneliness and foster friendship on the playground. At Myrtleford P-12 we want to spread the message of inclusion and kindness so that no child feels lonely or left-out.



Georgia Milford (Year 9) was given the task of painting the Buddy Bench and she has come up with a great design.



The Buddy Bench is located in the Bus Shelter and students are able to sit on the bench if they feel a little lost or displaced in the playground. Over the coming weeks we will be discussing the Buddy Bench in classrooms and assemblies to help build and foster a culture of care, acceptance and inclusion, so that if students see a child sitting on the bench they actively aim to include them in their play.

**Adam Lindsay**  
P-6 Team Leader

## House Debate

Wednesday 25th March

Periods 3 and 4 at EMPAC

**Topic: Which movie type is the best?**

**Ovens: Sci-fi**

**Barwidgee: Comedy**

**Buffalo: Action**

Support your house on the day by coming to school dressed as your favourite movie character.



**The Victorian Premiers' Reading Challenge is now open and Myrtleford**

**P12College is participating!**

This is not a competition but rather a challenge to all students to read more books, and promote a love of reading. Students in years Prep to 2 need to read or experience 30 books during the challenge period. Students in Years 3-10 must read 15 books. Some books must be selected from the Challenge list, while others can be student choice.

Our school library is supporting the Reading Challenge by marking Challenge listed books with a black dot, so students involved can identify books from the list.

Interested students need to obtain a consent form and return it to the school. They will then be registered on line and given a username and password to be able to manage their homepage and record their reading. If online recording is not possible at home, the school librarian can help with this process. Once registered, the students can begin reading and recording until the completion of the Challenge on 14<sup>th</sup> September 2015.

For more information on the Challenge visit:

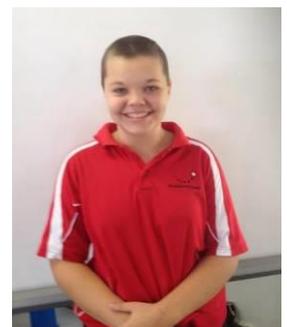
[www.education.vic.gov.au/prc](http://www.education.vic.gov.au/prc)



**Congratulations to Zoe Lyons, who participated in The World's Greatest Shave on Thursday 12th.**

**Zoe raised an amazing total of \$1686. Many thanks to all the students and staff that supported Zoe in her fundraising efforts.**

**Thank you also to Brodie Clarke and staff from Style Inn for donating their time to perform Zoe's shave.**



# PREP – YEAR 6 NEWS

## Halogen Leadership Conference



On Friday 13<sup>th</sup> March, the Year 6 Captains and Vice Captains (Madison Barbisan, Isis De Bortoli and Josh Sinnett) went down to Melbourne for the National Young Leaders Day (Halogen Conference). We heard some guest speakers talk about leadership. We heard Mike Martin (the leader of Halogen), and then Bindi Irwin talk about conservation and some of the amazing things her father did. After that we had a morning tea break.

In the next session we heard the famous author, Andy Griffiths speak. He spoke about how to come up with interesting story ideas by just using the everyday things around us. During his talk he stuck a baby's head on a dinosaur body! After that we had a fun game with beach balls. We also listened to Jess Gallagher who is a Paralympic athlete who competes in downhill skiing with hardly any eyesight.



After lunch we had our final speaker named Coen Ashton. He has had a double lung transplant because he suffered from Cystic Fibrosis. He travelled all the way down the Murray River twice!

On the way home we stopped at McDonald's and we got back to school just before 6pm.

**By Isis De Bortoli and Josh Sinnett (P-6 School Captains)**

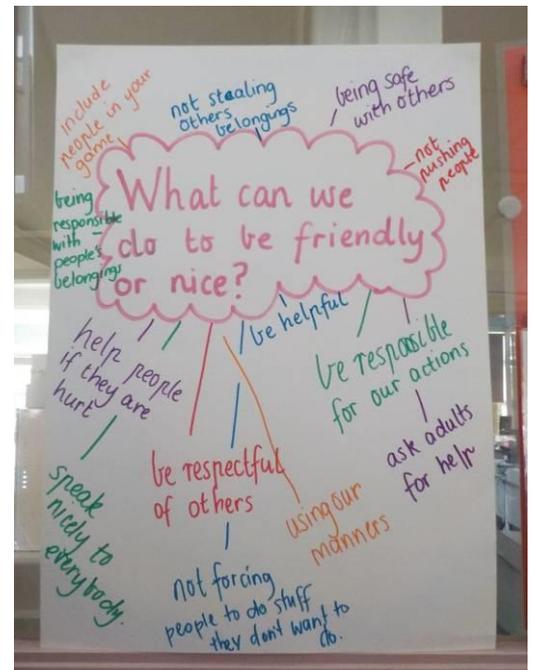
"I enjoyed listening to Coen speak because he was an inspiring person" by *Josh Sinnett*

"I enjoyed playing the games and listening to the speakers talk about their life. I did not like waking up at 4:30 in the morning!" by *Isis De Bortoli*



## What's happening in 1W!

We have had a very busy term in 1W. We have all settled in well to the new school year and have made some new friends. Recently we have been looking at the school values and how we use them in our everyday life. Last week, we read the story 'The Thing from Somewhere' written by Carol Blackburn and Libby Handy. The book is about a 'thing' that arrives from outer space and lands on earth. He is lost and looking for his mother. He comes across a range of different animals and asks them for help, but they are being very mean and not at all nice to the 'thing'. Afterwards, 1W designed a poster that is hanging up in our room of what we can do to be nice and friendly.



**As it is National Take a Stand Against Bullying Day this Friday, 1W came up with the statement that 'Bullying is bad because.....'**

These are their responses:

Bullying is bad because you are not being responsible – *Dash, Jay and Graham*

Bullying is bad because you may lose all your friends – *Alex and Natasha*

Bullying is bad because you're not being a responsible community member – *William and Hudson*

Bullying is bad because it makes our school not safe – *Molly and Stephen*

Bullying is bad because it dips into other people's buckets – *Meea and Brackston*

Bullying is bad because you're not being kind – *Ashlee and Riley*

Bullying is bad because it makes you feel sad – *Cheyenne and Jed*

Bullying is bad because it is mean and you're not being respectful – *Caleb and Geordie.*

We also made posters about bullying that have been placed around the school.

**Kath Lock**



# Story Beginnings 3/ 4 M



The Lights were flicking on and off. The doors were locked.  
The lockdown siren went off. Everyone was panicking.

*Jai*

Snow covered the ground like nature's blanket. Snowflakes fell on the white wasteland for hundreds of miles around. Two adventurers trod in the soft snow. They wore beanies, scarves, woolly jumpers, woolly pants, warm shoes and thick socks.

*Jaiden*

Taylor screamed as she was packing her bag. She couldn't wait to go on holiday with her friends.

*Breanna*

Water was sprouting out of funnel chutes.

Squeals were heard across the place. Rollercoasters were seen going up and down and twisting round and round. The sun was dazzling around the entire theme park, not a speck of a soft, fluffy white cloud to be seen.

*Lani*



"Noo!!! Have mercy please!!! I beg you!!!"

Blood sprayed everywhere. The murderer pulled the dagger out of the victim's heart. It was covered in blood.

*Hannah*

Boom!!The lightning struck a huge tree as it became a pile of fire. Sparks flew off it like fireworks. Matilda was awake, laying there. Crash! She was scared.

*Grace*

"Come on lads! We need to stand up to these Turks. We have only ninety nine men and they have one hundred and ninety." Harry and Kade went back to base to tell the Captain that they needed more men.

*Wil*



I was in my house feeding my pets. I have ten dogs, ten bunnies, ten cats, ten parrots, ten chickens, ten guinea pigs and ten mice. I have ten bowls for each and ten bottles and lots of catches. I love them all.

*Lodi*

Once upon a time in a magic land there were three bears. But there was also an evil pig.

*Alex*



I walked into the haunted house. Alex and I opened the door. Creeaaak! The door screeched.

*Hari*

"We have to get out of here!" whispered Coco the chocolate ice cream. "Yeah!" yelled Bueberry. "Shhh," said Minty. "We don't want anyone to hear us."

*Matilda*

One Halloween night three kids walked to a weird house and knocked on the door. The door opened and they went in.

*Catie*

Creeeeaaak. The door opened. But nothing was there.

*Blake*

Smash! I heard a noise outside. I ran to see. But astonishingly there was nothing. As I walked back to bed I thought of what it was.

*Kade*

"What the heck?" I screamed when I shot Bob in the leg.

*Hugo*

"Come on boys!" said James's dad. He was taking James and his friends on a boating trip.

*Jack*

Knock. Knock. I heard on my bedroom door. I thought it was a ghost. I got my knife and I opened the door.

*Riley*

Run. There is a zombie. Ethan got his scorpion out.

*Ethan*



## It's Gardening Time!

The Year 6 students weeded these garden beds as part of their Science lesson with Mr Cohen. They will be planting cereal crops such as oats, wheat and barley to see what's involved when planting and harvesting their own grains, compared to buying bread, cereal, etc. at the supermarket.



Helpful students Dylan Vescio Ethen Beasley, Ezra Greatorix, Jaiden O'Brien and Nicholas McIntyre-Ellis got their hands dirty this week cleaning up the school vegetable garden. They removed a rogue Rosemary bush, weeded and fertilised the beds and then planted Snow Peas and Calendula flowers. These should be flowering and looking good in term 2.



# Art

**Prep to Year 5 students...**



This fortnight in Art, students have designed and created a number of very impressive works! Prep students have been exploring colour. We sang the Rainbow Song together and then created rainbow artworks. Year 1 students discussed Autumn colours. We used Liquid Amber leaves to complete crayon rubbings and then painted prints onto our pieces. 1M's masterpieces are on display in the Prince Street hallway, up near the Art Room. Year 2 also looked at leaves, with special attention made at the shape and detail of six different leaves. We then drew them, shaded with oil pastels and used paints for the background. Year 3, 4 and 5 students have been busy working on their All About Me projects, with many working on their final pieces. Presentations are due to be made in Week 1 of Term 2.

Have a wonderful Easter and Art filled holiday. Looking forward to more Art adventures in Term 2!

Mrs Ladeane Lindsay



Year 1 students working on their 'Autumn Leaf' Artworks. Zoe from Year 2, also brought in a giant autumn leaf to show us!

## 7-12 NEWS

### 7-12 Student Leadership

Students across Years 7-12 had an opportunity to volunteer to be involved in Student Leadership. We have met initially as a big group, and at the last meeting students were asked to nominate a particular area of interest that they would be willing to work on. Students are now working in small groups with a mentor teacher. We are looking forward to the House Debate next Wednesday (25<sup>th</sup> March Period 3&4 at EMPAC) as the first official Student Leadership event for 2015.

### Year 10/11 Camp Term 2 6-8<sup>th</sup> May

We are planning a Yr 10/11 camp next Term. A key highlight of the camp program will be an opportunity to participate in the **VCE and Careers Expo 2015** held at Caulfield Racecourse. This event is advertised as 'Australia's Biggest Careers and Education Event' and includes a huge range of exhibitors and seminars. More information will be sent home prior to the end of term.

**Jenni Gardner**  
7-12 Team Leader

## CULTURAL SKI TRIP TO JAPAN

### Important Notice:

Reminder to all students who expressed interest in participating in the Cultural Ski Trip to Japan in term 1 2016, that there will be a meeting to finalise numbers on:

Tuesday 24th March 2015 in the SLC Building  
Myrtleford P-12 at 5.30pm.

Students are encouraged to bring parents / guardians. If they are unable to attend, it is essential that parents or guardians contact either Jo Milford or Kate Sanderson to confirm their place on the trip.



## DO YOU HAVE ANY OLD HOUSE AND GARDEN MAGAZINES?

MYCAL and VCAL students are looking for unwanted House and

Garden magazines for an upcoming project. If you have any that you no longer want we would love to take them off your hands.

## IMMUNISATION NEWS FROM ALPINE SHIRE

The **Alpine Shire Council Immunisation** staff will be visiting Myrtleford P-12 College again on Monday 4<sup>th</sup> May 2015 to continue the vaccination program for students from year 7 to year 10. Information regarding the Secondary College Vaccine Program can be accessed via the link

<http://immunehero.health.vic.gov.au/>

### 7-12 College Contacts

Year 7-8: Amanda Barron ([barron.amanda.a@edumail.vic.gov.au](mailto:barron.amanda.a@edumail.vic.gov.au))

Year 9-10: Jenni Gardner ([gardner.jenni.j@edumail.vic.gov.au](mailto:gardner.jenni.j@edumail.vic.gov.au))

Year 11-12: Sarena Roso Tues/Wed/Fri ([roso.sarena.s@edumail.vic.gov.au](mailto:roso.sarena.s@edumail.vic.gov.au)) or

Jo Milford Mon/Wed/Thurs ([milford.joanne.@edumail.vic.gov.au](mailto:milford.joanne.@edumail.vic.gov.au))

Alternatively, if you wish to arrange a time to speak with any of the staff, please phone 5752 1174 and organise a time.

## Year 12 Physics –Luna Park visit

Students in Year 12 physics undertook a variety of rides at Luna Park on Wednesday 4th March. The fun of the activities on the day were later transferred into practical activities which are required for assessment in the Unit Motion in One and Two Dimensions Activities.

The Luna Park activities are further complemented at school with additional practical activities as can be seen by Ben Amery working on the extension of springs (Hooke's Law) in the picture below.

Mark Gillespie



(Check out Reuben Jupp hanging on for dear life )



They're in there somewhere!

Ben Amery and James Sabljo on the carousel



# Health Corner with Adolescent Health Nurse Rosemary Bunge

## School Nursing Program Wrap up Term 1

**Breakfast** – has continued to go along really well with up to 86 students attending on a Tuesday morning. Many thanks to my regular teacher helpers Inga Hanover and Kryss Evgenidis. Also student helpers Tara and Cherish. Without you it wouldn't get done.

**Commenced Aged Care visits to Myrtleford Lodge** – As reported in the last newsletter we have commenced regular visits to the lodge with very positive outcomes. This week the MCAL students are going to present the power point presentations they have made to the residents they interviewed.



**Youth Ambassador Training and blood donations** – Thursday this week will see Isaac Black and Samantha Forbes attend youth ambassador training for the Blood Bank in Albury with myself and two fellow students from Bright P12. They will then continue during the year to encourage a positive focus on blood donations and increase MP12's donation tally. On the last day of Term 6 students are booked to give blood in Wangaratta. Not to be outdone, four staff members (Jenni Gardner, Inga Hanover, Kath Morgan and myself) recently spent an evening in Wangaratta donating blood on behalf of the school, we followed this with a very enjoyable dinner.

**Lunchtime Activities-** This term I have commenced some lunchtime activities with a small group of Primary students. We have had a lot of fun getting to know each other and making pictures and paper planes and flying them. On Tuesday lunchtime I commenced a small girls group for senior students to have group discussion and look at common issues facing youth today.

**Immunisation Talk to Year 7-** Year 7 immunisations took place on March 6<sup>th</sup> and prior to this I gave a talk to the year 7's about why we immunise and what to expect on the day. I hope this proved useful in helping them better understand Immunisation and feeling more comfortable with the process.



**Wellbeing Day for Year 12** – March 4<sup>th</sup> was pamper day for year 12 who really seemed to appreciate the offer of a hand scrub/massage or a seated shoulder massage plus some tasty treats and some information to help cope with the stresses of year 12.

**Alcohol and other drugs PD-** In February I attended some professional development regarding adolescences and these issues. The main messages I gained from this were as follows. While the media may lead us to believe differently, the major drug of choice and therefore concern to our young people remains to be alcohol, followed by cannabis as the most commonly used illicit drug. While ICE is a huge concern to the community it is more common between the 20-30 year age group. However, early onset use of ICE is a predictor of disadvantage in later life.

It remains vital that you know where and what your children are doing and you keep lines of communication open with them at all times. Practice chatting with them as much as you can. It is good for everyone.



**Staff donating blood**



**Holidays** – wishing everyone a very happy and healthy holiday. If anyone has problems over the holidays remember the following numbers:

**Local Doctors- 57519900**

**Women's Health Nurse Gateway- 57313500**

**Lifeline – 13 11 14**

**Kids Help Line – 1800 55 1800**

**Thought for the week :**

*The secret of getting things done is to **act!***

## HOMEWORK AND ASSIGNMENT/SACS DUE DATES

DUE DATE	SUBJECT	ASSIGNMENT	TEACHER
<b>PREP A/H</b>			
Students are to read their reader and M100W word mat every night. Student dairy is to be signed each night to show this has occurred.			NAN/BHO
<b>YEAR 1M</b>			
Reading 10 minutes every night.			SMA
<b>YEAR 1W</b>			
Reading 10 mins every night and practise M100W words nightly			WWA
<b>YEAR 2O</b>			
Reading is to be completed nightly and recorded in the Diary Planner.			KOD
<b>YEAR 3/4C</b>			
Reading is to be completed nightly and recorded in the Diary Planner.			MCO
Every Friday	Homework sheet due		
<b>YEAR 3/4MCK</b>			
Reading is to be completed nightly and recorded in the Diary Planner.			DMC
<b>YEAR 5</b>			
15 minutes reading 5 nights a week. Weekly activities from homework book			SAN
<b>YEAR 6</b>			
15minutes Reading each night – Record and signature in diary.			ALI
Every week	English	Homework sheet Complete words their way spelling sheet	
Every week	Maths	Homework Sheet	
<b>YEAR 7</b>			
Every Thursday	Maths	Maths Mates due every Thursday	MGI
Monday 23rd	English	Persuasive essay first draft due	PTY
Thurs 26th		Final copy of persuasive essay due	
Thurs 26th	ICT	Viking Assignment due	PTY
<b>YEAR 8/9</b>			
Thursday 26th Thursday 26th Friday 27th	Maths	Year 9 Chapter 1A and 1B due Year 8 Chapter 1I and 1J due Integer homework due	ABA
<b>YEAR 10</b>			
Friday 27th	Economics	Assignment due	PTY
<b>MYCAL</b>			
<b>VCAL</b>			
<b>YEAR 11</b>			
Tuesday 24th	General Maths	Chapter 1 Assessment	ABA
	Psychology	Research Methods work to be started during the holidays	NBR
<b>YEAR 12</b>			
	Psychology	Research Methods & ERA Introduction to be completed over holidays	NBR



### DRUM LESSONS

There are vacancies for school-subsidised drum lessons. These sessions are on Wednesday mornings, and are available to students at all year levels.

Prospective participants need to be genuinely interested and prepared to do the work!

A drum kit is not an immediate requirement but would normally become necessary after about six months. Assistance and advice regarding this is available.

Contact Lorne Campbell  
A.H: 57273569  
Mobile: 0427 161240



### EGGS FOR SALE

Eggs for sale at the office  
\$2.00 / half dozen

All proceeds to school Veggie Patch Fund for seed and feed.



### BINGO

Tuesdays at 1:00p.m.  
Railway Hotel

Donations for door prizes no matter how big or small are appreciated and can be left at the General Office

## **MYRTLEFORD'S WHOLE TOWN GARAGE SALE**



**28th March 2015**

**\$25 per garage sale**

Closing date for registrations is 20th March 2015

Registration forms available from The Mountain View Children's Centre and The Myrtleford Information Centre.

Any enquiries contact Julie Newlands on 0417 469 599 or 57522697 after 6pm

All money raised after advertising will be donated to Mountain View Children's Centre

## **MYRTLEFORD FIRE BRIGADE GOOD FRIDAY APPEAL 2015**

Friday 3<sup>rd</sup> April

We are again asking for volunteers for this special day. Children under 12 years must be accompanied by an adult and everyone who is participating must sign in at the Myrtleford Fire station from 8.15am for a 9am start.

**PLEASE HELP TO HELP OTHERS**



**High Country Library Holiday event**  
**Friday 10<sup>th</sup> April at 2pm**  
**Meet the Author of "The Last Thirteen" series**  
**James Phelan**  
**Be entertained an inspire**  
**Bookings Essential**

### **FOR RENT**

Beechworth Office Studio Space  
Full-time or Casual Desk use

We are looking for someone to share an open plan office space with a part-time photographer and graphic designer in the centre of Beechworth. Situated in a charming Stone Hall (1857), the facilities include Air-conditioning/heating split system, a client area with 3 seater couch and plenty of natural light adjoining the office space.

Monthly rental is \$385 plus GST – This includes: electricity, water and 15GB wireless broadband, in addition kitchen facilities, coffee machine, fridge & microwave).

Phone Erin for further details 0419 390 088

or email: [erin@beechworthphotographers.com.au](mailto:erin@beechworthphotographers.com.au)

## **ThemeParks.com.au Ticket Sale**



Village Roadshow Theme Parks is offering our school community a limited time ticket offer. Simply visit [ThemeParks.com.au/promocode](http://ThemeParks.com.au/promocode) and enter our promocode "CPC014" to gain access to these ticket offers.

\*Terms & conditions apply, offer valid for a limited time.



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## **Put yourself in this Picture ...**



**Are you 16, 17, 18, 19 OR 20 and have your learners permit?**

You need **120** hours of supervised driving experience before you can go for your licence!

If you need help getting your supervised driving hours call:  
ALPINE SHIRE L2P Coordinator 0418 736 665  
or email [l2p@alpineshire.vic.gov.au](mailto:l2p@alpineshire.vic.gov.au)

The L2P Program uses community volunteers and a community car to help young people who live in the Alpine Shire get their supervised driving hours. The program also provides several free professional driving lessons.

The Parents Club is holding their first ever Mothers Day stall on **Friday 8<sup>th</sup> May 2015**, to help raise funds for the school. We would appreciate your consideration for any items that you may be able to donate to support our fundraiser.

We are looking for **any items** that the children from Prep to Grade 6 may be able to purchase on the day for their mother. All gifts will be under \$10 on the day.

Donated items could be anything from candles, soaps, tea towels, magnets, cards, jewelry, coffee mugs and anything that could make a mother feel special on this special day.

All donations can be dropped off to the school office no later than **Monday 27<sup>th</sup> April 2015**

# HAPPY MOTHER'S DAY

Thank you for your help

## Positive Parenting Telephone Service

This Program is offered to parents, grandparents & carers of children aged 2 – 10 years

Our ten week program aims to assist you to:

- \*Develop a stronger and more positive relationship with your child/children
- \*Manage everyday behaviour problems
- \*Set rules & limits
- \*Teach new skills
- \*Developing behaviour strategies

Through our service you will receive a workbook and weekly phone calls with a parent educator. All of this can be done from the comfort of your own home at a time that suits you.

### Interested?

For more information or to enroll phone

**FREECALL 1800 880 660**

ENROLMENTS TAKEN ALL YEAR ROUND

*Start now and make a positive start last a lifetime*



This service is funded by Department of Human Services Victoria



Flood experts and enthusiasts wanted! SES needs your help to develop the Myrtleford Flood Guide!

SES is seeking interested members of the Myrtleford community or local organisations to help develop and check a new flood guide being developed for the town. A draft Myrtleford Flood Guide is now ready for community review and input. Anyone with an interest or experience of floods in the Myrtleford area is encouraged to get involved. It is very important that the guide captures local knowledge and that the information we have already gathered is checked before going to print.

The draft guide is available for community comment and/or input until Friday 27<sup>th</sup> March 2015. Electronic and printed copies are available from the SES NE Regional Office by contacting: [northeast@ses.vic.gov.au](mailto:northeast@ses.vic.gov.au) or 9256 9650. Printed copies of the draft guide are also available from the Myrtleford Library (Cnr Standish Street and O'Donnell Avenue Myrtleford) and Alpine Shire offices in Bright and electronic copies from the Alpine Shire website: [www.alpineshire.vic.gov.au](http://www.alpineshire.vic.gov.au).

This flood guide is one of over 50 flood guides being developed for flood-prone towns in Victoria and is funded by the Federal Government's Natural Disaster Resilience Scheme. The finalised guide will include a flood map, local flood history and advice on how to prepare, respond and stay safe when floods happen.

During April, a flood information night will be advertised and give residents the opportunity to ask questions about the flood guide and the information it contains. Representatives from SES and Alpine Shire will be available on the night to copy your photos, gather more "local knowledge" and answer any questions.

## CHILD DENTAL BENEFIT SCHEME

You are eligible if you claim Tax Benefit Part A, or hold a Healthcare Card or Pension Card and are between 2 and 17 years of age.

### What are you eligible for?

Dental treatment to the value of \$1000 over a two year period.

All eligible patients seen by Sheridan at the North East Health Dental Clinic will receive a Healthy Teeth Starter Kit and also, go into the monthly draw of an electric toothbrush.

Simply call 5722 5325 and request to see Sheridan.

Advise reception of your Medicare

Card/Pension/Healthcare Card Number and that you have seen this promotion

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for Parents

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Linked Online Ordering & Payment platform for parents.  
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[www.scholastic.com.au/LOOP](http://www.scholastic.com.au/LOOP)

Now available for your iPad or iPhone



In an effort to reduce the amount of photocopying unnecessarily, please let us know if you no longer want to receive a hard copy of this newsletter. The newsletter is available on our website, on the Skoolbag App and via email.

## SPORT IN THE COMMUNITY



### The Wangaratta Dragons Hockey Club

is having a come and try evening on  
Tuesday 24<sup>th</sup> March  
from 4.30 – 5.30pm

Bill Eaton Oval on Appin Street, Wangaratta.  
All ages welcome equipment provided.

**Hookin2Hockey Program** starting the first Thursday back after school holidays, primary school ages.

Every Thursday for 10 weeks at 4.30 pm at Appin Oval.

If families are interested they can come to our come and try evenings or contact Shanlee on 0438662717.



Auskick is a fun and safe way for boys and girls aged 5 up to 10 years to learn to play Australian Rules Football.

Sessions start Saturday April 18, for 10 weeks (no session 25/4/15) at 9-10am

Venue: Memorial Park, corner Duke and Prince Streets, Myrtleford  
Register: Visit [www.aflauskick.com.au](http://www.aflauskick.com.au) to register and pay online.

Cost: \$81 includes an Auskick Membership pack and 4 complimentary AFL tickets if you register and pay online by April 20  
For further information contact Simon Crisp on 0418 214 025 or Craig McKerral on 0428 530 383



**MURRAY BUSHRANGERS**  
 SEASON 2015
 

**MURRAY BUSHRANGERS**  
**JUNIOR TALENT CAMP**  
 Thursday 9th April  
 Wangaratta Sports Development Centre  
 Wangaratta Showgrounds

Players Born in 2001, 2002 & 2003  
 9:30am to 2:30pm  
 Cost- \$70

**Clinics Include:**  
 High Performance Testing  
 Skills Development  
 Game Simulation

Under Guidance of TAC Cup Coach Darren Ogier  
**SPOTS LIMITED**  
 Download a Registration Form at [murraybushrangers.aflvic.com.au](http://murraybushrangers.aflvic.com.au)



**Myrtleford Football Netball Club**  
 2015 memberships are now available for purchase.

Follow the link below to easily secure membership now.

<https://myrtlefordfnc.teamapp.com/store>



**OVENS VALLEY CALISTHENICS POREPUNKAH**

Free come and try class  
 SING- DANCE --PERFORM  
 AND LEARN NEW SKILLS SUCH AS MARCHING, RODS, CLUBS  
 WHILE HAVING FUN WITH YOUR FRIENDS  
**Non competitive classes for 10 years and under Wednesdays:**  
 \$80 for each term 1,2,3 \$10 term 4  
 Registration /insurance \$35

Costume hire \$10  
**Competitive classes for 11 years and over Tuesdays:**  
 \$85 for each term 1,2,3 \$10 term 4  
 Registration/insurance \$58  
 Costume hire and competition levy \$60

**For more information phone Joyce 57562564**

**MOTORCYCLING VICTORIA'S**  
**COME AND TRY DAY**

Alpine Motorcycle club would like to invite you to a FREE Come & Try Day at the clubs motorcross track at Morrisons Lane Myrtleford on Staurday 2nd May 9-2pm Sausage Sizzle lunch provided.





**For more information or to book your spot**  
 phone 0438 613 626 or  
 email: [alpinemotorcycleclub@gmail.com](mailto:alpinemotorcycleclub@gmail.com)



**MYRTLEFORD AND DISTRICT VOLLEYBALL ASSOCIATION**  
**2015 COMPETITION**  
**Registration and Social hit Wednesday 8<sup>th</sup> April 7pm**  
**Registration, social hit and AGM – Wednesday 15<sup>th</sup> April.**  
**At the Myrtleford Indoor Sports Stadiumat 7pm**  
 All interested players must attend to register for the 2015 competition.

Register as a team of 3 men and 3 females  
 Or  
 3 men, 1 junior male (16 years and under) and 2 females  
 Or  
 Individually  
 For Further information contact Elisha on 0409507042

No experience necessary. If you have never played before, don't worry we will teach you!  
 Come along and have some Winter FUN!! We are a family friendly sport.





**JUNIOR REGISTRATION NIGHT**  
 Wednesday 15<sup>th</sup> April 2015  
 3.30pm to 4.30pm  
 McNamara Reserve Myrtleford

Registration for  
 Aussie Nets 5 & up, U13 & U17  
 Wednesday night competition.

**MYRTLEFORD TDA**  
**Drama classes and singing privates.**  
*Get ready to get crazy!*  
 Singing privates are \$25 for 1/2 hour lesson - please call Vicki Sherriff. 0418-626987



## Easy Lunch Box Ideas and Tips

Wondering what to do for your student's lunchbox which will get enjoyed and eaten while still having nutritious value? Each newsletter we will add an easy lunch box idea or tip. If anyone has some they would like to share please contact me on 0438 710 584.

### These simple ideas may get those sandwiches eaten

Make it interesting, if you have time let your child help make their lunch. They will be more likely to eat it if they have input. Only offer choices you are happy with. Try and have some protein ie meat or cheese and some salad item. If they complain about it being soggy put salad bits in a little container for them to add at lunchtime.

Change things around a little each day. Instead of a plain sandwich, try rolling it or using a pita wrap, or making a layered ribbon sandwich.

Enjoy!

Rosemary Bunge  
School Nurse



To view the electronic copy of the newsletter, please visit the College Website:  
<http://www.myrtlefordp12.vic.edu.au/>



MYRTLEFORD  
CENTRAL  
MARKET  
EVERY SATURDAY  
9am

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Gary & Carolyn Monshing

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Mobile: 0438 519 217  
Email: punkaski@netc.net.au